4 Year Old Preschool Curriculum

Our 4 year old curriculum is designed to be challenging yet appropriate for age and cognitive development. We aim to prepare children for kindergarten, create excitement about education, increase confidence, and build social skills. Our program follows standards published by The National Association for the Education of Young Children (NAEYC), The Utah Association for the Education of Young Children (UAEYC), Utah State Office of Education and local school districts. Students completing this program will be well prepared and excited for kindergarten.

From the moment they arrive, children are immersed in a rich learning environment. Songs, finger plays, stories, centers and hands on activities engage children and teach them that learning is an exciting adventure. Through our multi-sensory instruction, children learn through visual, auditory, and kinesthetic (things we see, hear and touch). This helps ensure that we reach individual learning styles and meet the needs of each child.

Students rotate through Art, Dance/Creative Movement and music classes taught by specialists, while our homeroom early childhood education experts teach reading, writing, math, science and social studies. Our small 8:1 student/teacher ratio allows students to work individually with teachers as well as in large and small groups; and allows teachers to adjust activities for students who need more challenge, or extra assistance.

Dance/Creative Movement

Students will attend a dance/movement class taught by a trained instructor. Our dance instruction correlates with our weekly preschool themes teaching skills such as balance, coordination, large motor skills, rhythm and tumbling. Students will showcase their dance and creative movement talents in the winter and spring program for parents.

Art

Our art curriculum is designed to help children freely express themselves using many creative art mediums. Students will engage in daily theme related art activities that increase in complexity as the year goes on. Students learn to recognize colors and color blend as they explore different textures and artistic styles. When our students are up to their elbows and noses in paint, glue, pastels and other art mediums, we consider it a great day in art class.

Music

Our daily music class gives children the opportunity to learn patterns, rhythm, and musical terms such as Beat, Tempo, Rhythm, Fortissimo, Pianissimo, Allegro and Ritardando. Students sing theme related songs each week, play

instruments, and gain an appreciation for music. Students perform their musical talents in the UDA Creative Arts winter and spring program for parents.

Reading/Writing

Listening and comprehension, rhyming, phonics, word families and sight words are incorporated through stories, games and activities, creating a fun, learning environment. Our literacy program is progressive; as children master letters and their sounds, they begin combining sounds and blending letters into words. Our print rich environment encourages a desire to read and write. When individual students are ready, they will begin our reading program. Children will further develop fine motor skills and learn to hold and use writing utensils correctly as they practice writing.

Math

Group and individual centers provide opportunities to learn about quantity, size, and numerical relationships. Children will recognize and become familiar with the numbers 1-20+. Our academic goals are to help students learn to pattern, sort, classify, graph and count. Children learn to recognize shapes and write numerals. They begin to understand addition (putting together) and subtraction (taking away). Students learn to count by 10's and 2's as well as counting in Spanish. All of this is accomplished through games, music, activities and exploration, keeping the children engaged and excited about learning.

Science

Children will have daily opportunities to explore the world around them through self-guided hands on exploration in our theme related science centers. We aim to deepen children's natural curiosity as we conduct many fun and exciting science projects, experiments and classroom activities. We bring in Bee Keepers, and other professionals to help children deepen understanding of the world around them.

Social Studies

Our 37 weekly themes cover subjects such as dinosaurs, insects, health and nutrition, safety, insects, emotions, space and manners.

Character Traits

At UDA Creative Arts Preschool, we believe in developing the whole child. Our curriculum helps build character traits and values such as honesty, compassion, confidence and accountability, which will lead to your child's overall success.