

## **3 Year Old Preschool Curriculum**

Our 3 year old curriculum is designed to be challenging yet appropriate for their age and cognitive development. We aim to create excitement about education, increase confidence, build social skills and prepare children for our 4 year old program. Our program follows standards published by The National Association for the Education of Young Children (NAEYC), Utah Association for the Education of Children (UAEYC), Utah State Office of Education and Local School Districts.

From the moment they arrive, children are immersed in a rich learning environment. Songs, finger plays, stories, centers and hands on activities engage children and teach them that learning is an exciting adventure. Through our multi-sensory instruction, children learn through visual, auditory, and kinesthetic (things we see, hear and touch). This helps ensure that we reach individual learning styles and meet the needs of each child.

Students rotate through Art, Dance/Creative Movement and music classes taught by specialists, while our homeroom early childhood education experts teach reading, writing, math, science and social studies. Our small 6:1 student/teacher ratio allows students to work individually with teachers as well as in large and small groups; and allows teachers to adjust activities for students who need more challenge, or extra assistance.

### **Creative Movement**

Students will attend a movement class taught by a trained instructor. Our movement instruction correlates with our weekly preschool themes teaching skills such as balance, coordination, large motor skills, rhythm and tumbling. Students will showcase their dance and creative movement talents in the winter and spring program for parents.

### **Art**

Our art curriculum is designed to help children freely express themselves using many creative art mediums. Students will engage in daily theme related art activities that increase in complexity as the year goes on. Students learn to recognize colors and color blend as they explore different textures and artistic styles. When our students are up to their elbows and noses in paint, glue, pastels and other art mediums, we consider it a great day in art class.

### **Music**

Our daily music class gives children the opportunity to learn patterns, rhythm, and musical terms such as Fortissimo, Pianissimo, Allegro and Ritardando. Students sing theme related songs each week, play instruments, and gain an appreciation for music. Students share their musical talents in the UDA Creative Arts winter and spring program for parents.

## **Reading/Writing**

Listening and comprehension, rhyming and ABCs, are incorporated through stories, games and activities, creating a fun, learning environment. Our print rich environment encourages a desire to read and write. Children focus on alphabet recognition and sounds to prepare for reading. We further develop fine motor skills, learn to use scissors and hold writing utensils correctly.

## **Math**

Group and individual centers provide opportunities to learn about quantity, size, and numerical relationships. Children become familiar with the numbers 1-10+. Our academic goals are to help students learn to pattern, sort, classify, count and recognize shapes. All of this is accomplished through games, music, activities and exploration, keeping the children engaged and excited about learning.

## **Science**

Children will have daily opportunities to explore the world around them through self guided hands on exploration in our theme related science centers. We aim to deepen children's natural curiosity as we conduct many fun and exciting multi sensory science projects, experiments and classroom activities.

## **Social Studies**

Our 37 weekly themes cover subjects such as dinosaurs, insects, health and nutrition, safety, emotions, space and manners.

## **Character Traits**

At UDA Creative Arts Preschool, we believe in developing the whole child. Our curriculum helps build character traits and values such as honesty, compassion, confidence and accountability, which will lead to your child's overall success.

## **Our curriculum has been reviewed and approved by:**

The Utah Association for the Education of Young Children

Marni Reeve (PHD Children's Art Therapy)

Brooke Maxwell (Owner and Artistic Directress of Utah Dance Artists)